

Author Bio

Barbara Joye

www.theshiftguru.com

Barbara was born and raised on a farm in southern Iowa. Her dad, mom and three sisters lived a very typical farm life. Since she had no brothers, she had the opportunity to spend many hours on the tractor, in the fields, and assisting her dad. Also, as farmers they had a large garden where she assisted her Mom in the canning and freezing and preparing of food from the garden. Barbara refers to her childhood as idyllic. She attended the same 12 grade school that her parents attended, and progressed to Iowa State University. From college Barbara quickly progressed into the corporate world, assisting people in their job relocations, and achieving the level of Vice President in her company.

In 1994, the man she had married less than nine months earlier passed away of a massive heart attack at age forty-five. The loss of her husband when they were still in the honeymoon phase of marriage sent her into an emotional tailspin beyond her wildest imagining. During that tailspin she began to hear voices, which she attributed to stress of the time. Fortunately she chanced upon a psychologist who assisted her in understanding that through this event she had somehow opened to the world of spirit, the world of The Divine. This idea so terrified her that she retreated back to corporate life, a safe place to hide. The voices persisted, the emotional changes continued. At what many folks would call the pinnacle of her career, she left corporate because she found that while being Regional Vice President was acceptable, it was not aligned with her Soul's agenda.

While evolving into the "Shift Guru", Barbara offers, "I have always been a coach whether in my position in business or as a friend and mentor, so becoming a belief coach was an easy transition. While Life Coaching was the first healing modality I used, I quickly became certified as a Hypnotherapist, Past Life Regression Therapist and Between Life Regression Therapist. From a synthesis of these modalities I created "Wisdom Connections." While continuing to work with the Angelic Realm Barbara's Team became demanding with 3 AM and 4 AM wake-up calls, and the insistence that she write a book about creating. Even while she cooperated with the information, wrote the messages down, she was reluctant because this kind of writing process did not fit with what she perceived her life's journey to be. And thus the reluctant author was born, along with her first book, in 2009, *The Light Won: A Tutorial in Co-Creation*. Barbara's most recent book is *The Creation Formula: Achieving the Life You Deserve* and a journal that accompanies the book, *The Journal of Trusting*.

While a reluctant author Barbara continues to be a prolific writer, publishing articles in online magazines and writing a blog several times a week, "Shifting with the Shift Guru". Through her radio show, "Thank God It's Friday" on BelieveintheMoment.com, workshops, seminars, and private sessions, Barbara assists individuals, audiences and groups to challenge their perspectives or beliefs, and in so doing, shift their non-supportive beliefs, and live the life they deserve. Barbara continues, "My perception, supported by the Angelic Realm is that I am not unique. We all have communication with our higher self, our higher knowing, and the Angelic Realm." Today Barbara continues to evolve and change as she applies the *The Creation Formula* to her life. She lives with her cats that sit near the phone with their focus supporting the energy while Barbara works with clients.